



# St. Charles Borromeo Catholic School Newsletter

August 17, 2018

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260-484-3392

**Our Mission: To Teach, Love, Live and Learn as Jesus Did**

**Our Vision: Share Faith, Serve Others, Seek Knowledge**

We will continue to work on virtue development this year with our students and adults. As a school community, during this month of August, we will **Set An Example in His Image**. We will praise and serve God and take strength from knowing that we, and all the living creatures, have been made in his image. We are an extension of God! So if Satan wants a piece of us, he is taking on a bit of the Big Guy at the same time!

"For in him were created all things in heaven and on earth, the visible and the invisible, whether thrones or dominions, or principalities or powers; **all things were created through him and for him.**" Colossians 1:16

## Upcoming Schedule Changes

**Friday, Aug. 31- 12:30 pm Early Dismissal for Staff Development: Suicide Prevention** AfterCare will be open until 6:00 p.m.  
Thursday, September 6- No School- Catholic School Curriculum Day & Friday, September 7- No School- Catholic School Mission Day

## Dear Parents and Students,

**Thank you for your attendance at the HASA meeting** last night. The weather was a little dicey, but we persevered! As a staff, we always look forward to meeting the parents of our students. Your involvement and support are the keys to success for our young people. If you have questions and concerns, and if you have ideas, please share them with the teachers or the administration. We always want to foster a spirit of cooperation, caring, and common sense within our school.

As you would agree, we want all of our students to be successful. There is no secret to success in school. The formula is fairly straightforward. A student who pays attention in class, stays organized with materials, gives great effort in school and at home, and demonstrates **GRIT** (strong character; indomitable spirit; pluck) will have success. Attentive + organized + effort + GRIT = Success!

This past Wednesday, the Feast of the Assumption, we attended our second all-school Mass. Of special note was that this second Mass included our Kindergarten and Pre-K students for the first time. With the help of their teachers, aides, and Mass buddies, both K and Pre-K did a great job. Overall, **the participation of our students, teachers, and staff at Mass helps to create beautiful liturgies**. Yes, I am biased, and yes, some mornings our guys are a bit sleepy, but overall the respectful behavior, prayerful attitudes, singing, responses, and participation (servers, cantors, lectors, offertory, etc.) is very uplifting. There are some priests who may comment that they do not want school Masses to be a "show," which is a not too subtle dig at schools, such as ours, who encourage student participation in the Mass. On the contrary, building a love for Mass through full participation, joyful praise, and reverent understanding is very powerful, and young people respond well to having responsible ownership in the liturgy. We are blessed to have priests who encourage and expect our students to take on roles of liturgical responsibility, and blessed to have priests who consider the intellectual and spiritual needs of our students as they celebrate our weekday Masses.

Finally, I leave you further thought about **GRIT**. Part of our Growth Mindset journey is the realization that brains alone do not make a student successful in school. The following is a lead-in of an article from Forbes magazine regarding GRIT. The full article is printed later in this newsletter.

### **5 Characteristics Of Grit -- How Many Do You Have?** [Margaret M. Perlis](#)

Recently some close friends visited, both of whom have worked in education with adolescents for over 40 years. We were talking about students in general and when I asked what has changed with regards to the character of kids, in unison they said "**grit**" – or more specifically, lack thereof. There seems to be growing concern among teachers that kids these days are growing soft.

When I took a deeper dive, I found that what my friends have been observing in-the-field, researchers have been measuring in the lab. The role grit plays in success . . . (read the rest of the article later in this newsletter!).

**I thank you for your children, and thank you for choosing St. Charles Borromeo Catholic School! Sincerely - Rob S.**

## **ANNUAL MAGAZINE SALE includes YANKEE CANDLE SALE**

The St. Charles Borromeo School annual magazine sale has begun and continues through Wednesday, September 5. All students in grades K-8 received a packet with information. New and renewal magazine subscriptions may be placed by parents, friends, and families. These orders are to be placed only ONLINE. Additionally, we are again including a sale of Yankee Candles to our annual fundraiser! These orders are to be placed using the provided order form and returned with payment to school. Candles will be delivered to school a few weeks after the sale concludes. Candles may also be ordered online at <https://www.yankeecandlefundraising.com/store.htm> using group number 990097732. This is the one fundraiser we sponsor and for which the school receives over 40% profit. Order forms with payment or candles may be turned in on August 28 and September 5. Magazine subscriptions may be purchased new or renewed online by September 5 as well. Go to American Publishers Hearst website at <http://www.apmags.com>. Click on "Shop Now", type in the St. Charles School code: WA4972, click on "Check Code" and follow online directions. Students will receive credit for sales and receive incentive prizes if the student seller's name is typed in the appropriate space online. We thank you for supporting this program. Online ordering information is available on our school website under the tab "Support Us". Thank you!

**2018-2019 Volunteer Online Sign-Up:** We have moved to an online sign-up format for volunteering for events throughout the school year. These volunteer opportunities are open to parents and parishioners over the course of the school year. We seek and appreciate any volunteering you may be able to do. Please take a look! Go to the volunteer sign-up link at [St. Charles Volunteer Packet 2018](#). Contact the school office if you need a paper copy.

## CALENDAR UPDATE

Aug.	24	Installation of Student Council at 8:15 Mass
	28	Magazine Sale/Yankee Candle Sale "turn-in" day 1
	28	Beginning Orchestra Parent Meeting and Instrument Fitting 6:00 pm in Hession Center Room A/B
	29	Fine Arts Booster Meeting 7:00 pm Hession Center room A
	31	School Plant Show
	31	Dismissal 12:30 pm for Staff Development: Suicide Prevention AfterCare will be open from 12:30 p.m. - 6:00 p.m.
Sept.	3	Labor Day - No School
	5	Magazine Sale/Yankee Candle Sale final "turn-in" day
	6	Catholic School Curriculum Day - No School
	7	Catholic School Mission Day - No School
	7	CardinalFest Dance
	8	CardinalFest Games-Food-Adult Music Tent
	9	CardinalFest 5k Run/Walk

## CARPOOL NEEDED

The parents of Dakota Tadsen (grade 7) and Elijah Tadsen (Kindergarten) are in need of a carpool for getting the kids to and from school 1-2 days a week starting the week of October 22nd until the end of the year. They live in Shordon Estates Addition off of East State and Maysville (by Golden Years Nursing Home). The parents can reciprocate by taking your children to and from school on the opposite days. Please text or call the mother, Shelley Kammer, (260) 423-2483 if you can help.

My name is Megan McDonald. My son is 8 years old. I live in Ludwig Park Addition. I am looking for someone to either come to my house, or I can drop him off at their house at 6:30 AM and take him to school. If you are interested you can call me at 260-609-1313.

## BAND ORCHESTRA CHOIR HAND CHIMES

Students in grades 5-6-7-8 may sign up for band, choir, hand chimes, and orchestra. The attached form must be returned if you wish to continue this year or join new. Practices begin on August 27 except for Beginning Orchestra. Grade 2-8 students may sign up for orchestra. There is a [Beginning Orchestra informational meeting](#) on **Tuesday, August 28 at 6:00 p.m.** in the Hession Center. If your child would like to learn one of the string instruments, please plan on attending this very important meeting. 3<sup>rd</sup> and 4<sup>th</sup> grade beginners are most welcomed. The class size will be limited. Grade 2 students will be accepted as beginners as space allows on the basis of the date the form is returned to school in advance and attendance at the meeting. Parents and students will have the chance to meet with Miss Bassett, the instructor, as well as a representative from Quinlan & Fabish Music Company. Students should also be present so as to be sized for a rental instrument. Please plan to attend this meeting if there is an interest in Beginning Orchestra. The first day for Beginning Orchestra class is Tuesday, September 11.

**THE PARISH CHILDREN'S CHOIR** for the 2018-2019 year **begins on Wednesday, September 12** from 3:10 to 3:50 PM in The Community Room in the church. The choir is open to boys and girls, grades 2 to 6 (First graders welcome if mature enough) from St. Charles School, home-school, or public schools. Rehearsals are held each Wednesday from September through April and the choir sings for one weekend Mass each month.

For further information or to register your child/children, please call Co-Director of Music, Tim Robison at the church, 446-3118, or e-mail at: [trobison@scbfw.org](mailto:trobison@scbfw.org).

## Girl Scouts

Any First or Second Grader interested in joining or returning to girl scouts can attend the first meeting on Monday August 27 right after school until 5pm. Please contact Sydney Wilder at [srwilder2@gmail.com](mailto:srwilder2@gmail.com) for more information or to get registered ahead of time. Meetings will be the last Monday of each month after school until 5pm.

## Plant Show 2018

The annual plant show will be taking place on Friday, August 31 in the Parish Hall. Judging will start at 9:00 AM. All entries should be dropped off before school starts. Help will be available at the cafeteria door (#8), the main office door (#1) and in the Parish Hall. Each student can enter any plants they have received from school during the last 4 springs and any flowers or vegetables grown from seeds ordered last spring. Each entry needs a tag (attached to this newsletter) FILLED OUT and attached to pot. Please put vegetables on paper plates and fresh cut flowers in jars with water. Each entry will be judged and receive a ribbon. Blue ribbon winners from St. Charles are eligible to enter the City Blue Ribbon show which will be held on September 8, 2018. Information on the Blue Ribbon Show will be sent home with winners. Plants will be sent home the same day. If you have any questions or would look to know what judges will be looking for with each variety, please contact Sydney Wilder at 260-413-9585 or [swilder2@gmail.com](mailto:swilder2@gmail.com)

## SCRIP NEWS

**Back-to-School Night** – We enjoyed seeing everyone at the “Back-to-School” night on Thursday, August 16. Hopefully you stopped by the SCRIP table at least to pick up the special order form that will qualify you to be in the drawing for a special **St. Charles Spirit** prize. Be sure and turn in an order on the special order form marked – **“Back to School”** by Friday, August 31, for your chance to win.

**Delivery ID** – The order form asks for the name and room number of the student that you wish for your order to go home with. Please be sure to fill in this information. It is really important for the accurate delivery of your filled order.

**Mark your Calendar** – Labor Day weekend is 2 weeks away. There will be **no SCRIP sales that weekend – September 1 & 2**. Please plan accordingly. On **Friday, September 7**, there is no school, but we will still have **SCRIP** sales from 8 – 9 am.

**SCRIP Tips** – Will you be hosting a Labor Day picnic. It’s traditionally the last picnic of the summer. Why not do something special. Whether you choose to do hamburgers, hot dogs, brats, chicken, ribs or any of your favorite grill meals, remember that we have **SCRIP** gift certificates for **Feder’s, Jamisons, and New Haven Quality Meats**, as well as the grocery stores – **Meijer and Wal-Mart**.

**It’s Not Too Late** – We are still accepting names for people who are interest in becoming a **SCRIP** volunteer. Our program is successful thanks to the many wonderful volunteers who help make it work; we cannot do it without you. It’s a wonderful way to see how others use the program and possibly get ideas to help you get even more from the program. Contact the SCRIP office if you are interested – **969-4027**.

### VOLUNTEERS:

**Aug. 24 - Sue Christle, Angela Bauer, Peggy Keefer, Judy Smith**

**Aug. 25 - Molly Elsass, Tom Neuhaus, Leslie Schamberg**

**Aug. 26 - Nancy Hartig, Lisa York, Jill Onion**

**Aug. 31 – Jane Cavacini, Cathy Jacob, Berniece Williams, Amy Copeland**

**\*\*Sept. 1 & 2 – Labor Day weekend – NO SCRIP SALES!**

### News notes from your School Nurse

#### REGISTERED NURSES!

Have you always wanted to be a School Nurse for a day? A fun day caring for students in the clinic? Then, we are looking for YOU! Most nurses can only give a day at a time. Therefore, we may need several to cover a few days or a week away, occasionally. Please check your schedules and kindly contact me in the office, as soon as possible, by phone or email. We need you. This is a paid substitute day.

**Health Screenings** are a week earlier this year and **we must start organizing it now**. Many volunteers are needed for Tuesday and Wednesday, September 25th and 26th. RN’s are needed for the screenings and many volunteers are necessary to keep students quiet and organized. Please sign up for these fun screening days. If you are new to our school--your kids will love seeing you at school and we really need you! Please join us by filling out the online volunteer forms or call/email me in the office soon.

Thank you all very kindly, Mrs. Christa Thrower, RN

**CARDINAL FEST** Breaking news! The second annual **Pastor vs. Principal Challenge has been confirmed for the 2018 Msgr.**

**John Memorial 5K Walk/Run** at Cardinal Fest! Fr. Tom Shoemaker and Principal Rob Sordelet will once again be engaged in friendly competition to see who will finish first at the race! Will Fr. Tom eek out another win? Or will Mr. Sordelet's off-season training payoff for a victory? [Note from Mr. Sordelet - Very little off-season training. Put all cash or bitcoin on Fr. Tom! RRS.]

Also, volunteers who commit to a slot via Sign Up Genius by August 19th are eligible to win **free carnival game wristbands** for your children! There will be one wristband drawing just for the Outdoor signup and one wristband drawing for all other signups combined! Go to [www.cardinalfest.com](http://www.cardinalfest.com) to sign up for the 5K Walk/Run to run or walk alongside this dynamic duo and to find open volunteer positions!

## Screenager- October 7, 2018 6:15pm St. Charles Borromeo Church

An award-winning film that probes into the vulnerable corners of family life and depicts messy struggles over social media, video games and academics. The film offers solutions on how we can help our kids navigate the digital world. For Parents and Children ages 10+.

<https://www.stcharlesfortwayne.org/resources/events/screenager-showing>

### VOLUNTEERS:

Aug. 18 – Amy Lin, Audrey Stauffer, Diane Keefer  
Aug. 19 – Kasey Eckland, Mary Firks, Terri Wallace  
Aug. 24 - Sue Christle, Angela Bauer, Peggy Keefer, Judy Smith  
Aug. 25 - Molly Elsass, Tom Neuhaus, Leslie Schamberg  
Aug. 26 - Nancy Hartig, Lisa York, Jill Onion

### Important 2018-2019 Library News

Welcome back! I'm writing to inform you of library happenings this school year! Please feel free to email, call, or stop in our library with any reading questions or concerns. I am here to encourage your children to learn my making reading exciting, rewarding, fulfilling, and **LASTING**.

For those new to St. Charles, students in **grades 2-8** participate in the **Accelerated Reader (AR) program as part of their reading grade**. Your students will visit the library each week to check out books to read for AR. The AR program is simple to follow. **(1)** The student reads a book from the Accelerated Reader book list. **(2)** The student then takes a computerized test on the book (at school only), answering multiple choice questions based on comprehension of the book's characters, plot, and summary. The students are NOT allowed to use the book to help them while taking a test. **(3)** After finishing the test, the student receives a point score based on the number of questions answered correctly. For example, if the book was worth 5 points, and your child scored a 100% on the test, your child accumulated 5 points for the quarter by reading that book. **(4)** Your child will continue this process until they have fulfilled OR surpasses their required point goal for that particular quarter. The computer keeps track of every student's points (quarterly & cumulatively), and the teachers then use the points for reading grades.

You can follow along with your student's AR progress at home through our AR HOME CONNECT program. Sometime this week, a very important letter entitled "Home Connect" came home to you. Follow the set of instructions in the letter to create your account and begin monitoring your student right away! A list of all AR books is available for you to view by going to the following web address: [www.arbookfind.com](http://www.arbookfind.com). There are countless books with AR tests from which your student may choose. Type in the title or author and you will be able to see if a book your student may want to read is actually an AR book. You will also be able to see the reading level and point value of the book. If you are not sure if a book is appropriate for your child to be reading, I recommend visiting [www.commonsemmedia.org](http://www.commonsemmedia.org).

The students have 20-30 minutes of library time each week. During this time they check out books, take Accelerated Reading tests, and learn about literature. Students are permitted to check out two books (one book for Pre-K and Kindergarten) at a time. They are to return the books after one week, or if they need, to renew it weekly. If books are not returned, students may not check out new ones. Please help your child find a safe place to keep books at home. (Out of reach of pets, younger brothers or sisters, weather, food, etc.) If a student loses or damages a book, he/she must pay a proportionate fine or pay the cost of replacing the book. Please encourage your child to take care of books and to return borrowed materials to the library promptly. I am looking forward to library time with your students each week!

Mrs. Theresa Knox, School Librarian, 260-969-4041, [theresaknox@stcharlesschoolfw.org](mailto:theresaknox@stcharlesschoolfw.org)

### 5 Characteristics Of Grit -- How Many Do You Have?

Oct 29, 2013, 09:29 a.m.

[Margaret M. Perlis](#) Contributor *I write about Excellence in practice, people, places & product.*

Recently some close friends visited, both of whom have worked in education with adolescents for over 40 years. We were talking about students in general and when I asked what has changed with regards to the character of kids, in unison they said "grit" – or more specifically, lack thereof. There seems to be growing concern among teachers that kids these days are growing soft.

When I took a deeper dive, I found that what my friends have been observing in-the-field, researchers have been measuring in the lab. The role grit plays in success has become a topic du jour, spearheaded by [Angela Duckworth](#), who was catapulted to the forefront of the field after delivering a [TED talk](#) which has since been viewed well over a million times. Additionally, in the last month, Duckworth received a \$650,000 MacArthur fellowship, otherwise known as the "Genius Grant," to continue her work. And, while Duckworth has made tremendous leaps in the field, she stands on the shoulders of giants including William James, K.E Ericson, and Aristotle, who believed tenacity was one of the most valued virtues.

According to the Merriam-Webster dictionary, grit in the context of behavior is defined as “firmness of character; indomitable spirit.” Duckworth, based on her studies, tweaked this definition to be “perseverance and passion for long-term goals.” While I recognize that she is the expert, I questioned her modification...in particular the “long-term goals” part. Some of the grittiest people I’ve known lack the luxury to consider the big picture and instead must react to immediate needs. This doesn’t diminish the value of their fortitude, but rather underscores that grit perhaps is more about attitude than an end game.

But Duckworth’s research is conducted in the context of *exceptional* performance and success in the traditional sense, so requires it be measured by test scores, degrees, and medals over an extended period of time. Specifically, she explores this question, talent and intelligence/ IQ being equal: why do some individuals accomplish more than others? It is that distinction which allows her the liberty to evolve the definition, but underscores the importance of defining her context.

The characteristics of grit outlined below include Duckworth’s findings as well as some that defy measurement. Duckworth herself is the first to say that the essence of grit remains elusive. It has hundreds of correlates, with nuances and anomalies, and your level depends on the expression of their interaction at any given point. Sometimes it is stronger, sometimes weaker, but the constancy of your tenacity is based on the degree to which you can access, ignite, and control it. So here are a few of the more salient characteristics to see how you measure up.

### **Courage**

While courage is hard to measure, it is directly proportional to your level of grit. More specifically, your ability to manage fear of failure is imperative and a predictor of success. The supremely gritty are not afraid to tank, but rather embrace it as part of a process. They understand that there are valuable lessons in defeat and that the vulnerability of perseverance is requisite for high achievement. Teddy Roosevelt, a Grand Sire of Grit, spoke about the importance of overcoming fear and managing vulnerability in an address he made at the Sorbonne in 1907. He stated:

It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly.

Fear of failure, or atychiphobia as the medical set calls it, can be a debilitating disorder, and is characterized by an unhealthy aversion to risk (or a strong resistance to embracing vulnerability). Some symptoms include anxiety, mental blocks, and perfectionism and scientists ascribe it to genetics, brain chemistry, and life experiences. However, don’t be alarmed...the problem is not insurmountable. On Amazon, a “fear of failure” search yields 28,879 results. And while there are millions of different manifestations and degrees of the affliction, a baseline antidote starts with listening to the words of Eleanor Roosevelt: “do something that scares you everyday.” As I noted in a recent post, courage is like a muscle; it has to be exercised daily. If you do, it will grow; ignored, it will atrophy. Courage helps fuel grit; the two are symbiotic, feeding into and off of each other...and you need to manage each and how they are functioning together.

As a side note, some educators believe that the current trend of coddling our youth, by removing competition in sports for example, is preventing some kids from actually learning how to fail and to embrace it as an inevitable part of life. In our effort to protect our kids from disappointment are we inadvertently harming them? Coddling and cultivating courage may indeed turn out to be irreconcilable bedfellows. As with everything, perhaps the answer lies in the balance...more to come.

### **Conscientiousness: Achievement Oriented vs. Dependable**

As you probably know, it is generally agreed that there are five core character traits from which all human personalities stem called... get this...The Big Five. They are: Openness, Conscientiousness, Extroversion, Agreeableness, and Neurotic. Each exists on a continuum with its opposite on the other end, and our personality is the expression of the dynamic interaction of each and all at any given time. One minute you may feel more agreeable, the next more neurotic, but fortunately, day-to-day, they collectively remain fairly stable for most of us.

According to Duckworth, of the five personality traits, conscientiousness is the most closely associated with grit. However, it seems that there are two types, and how successful you will be depends on what type you are. Conscientiousness in this context means, careful and painstaking; meticulous. But in a 1992 study, the educator L.M. Hough found the definition to be far more nuanced when applied to tenacity. Hough’s study distinguished achievement from the dependability aspects of conscientiousness. The achievement-oriented individual is one who works tirelessly, tries to do a good job, and completes the task at hand, whereas the dependable person is more notably self-controlled and conventional. Not surprisingly, Hough discovered that achievement orientated traits predicted job proficiency and educational success far better than dependability. So a self-controlled person who may never step out of line may fail to reach the same heights as their more mercurial friends. In other words, in the context of conscientious, grit, and success, it is important to commit to go for the gold rather than just show up for practice. Or, to put it less delicately, it’s better to be a racehorse than a donkey.

### **Long-Term Goals and Endurance: Follow Through**

As I wrote in the introduction, I had some reservations about accepting the difference between Webster’s definition of grit and Duckworth’s interpretation. Both have to do with perseverance, but the latter exists in the arena of extraordinary success and therefore

requires a long-term time commitment. Well, since you are Forbes readers and destined for the pantheon of extraordinary success, it is important to concede that for you...long-term goals play an important role. Duckworth writes:

"... achievement is the product of talent and effort, the latter a function of the intensity, direction, and duration of one's exertions towards a long-term goal."

Malcolm Gladwell agrees. In his 2007 best selling book *Outliers*, he examines the seminal conditions required for optimal success. We're talking about the best of the best... Beatles, Bill Gates, Steve Jobs. How did they build such impossibly powerful spheres of influence? Unfortunately, some of Gladwell's findings point to dumb luck. Still, the area where Gladwell and Duckworth intersect (and what we can actually control), is on the importance of goals and lots, and lots and lots of practice...10,000 hours to be precise. Turns out the baseline time commitment required to become a contender, even if predisposed with seemingly prodigious talent, is at least 20 hours a week over 10 years. Gladwell's 10,000 hours theory and Duckworth's findings align to the hour. However, one of the distinctions between someone who succeeds and someone who is just spending a lot of time doing something is this: practice must have purpose. That's where long-term goals come in. They provide the context and framework in which to find the meaning and value of your long-term efforts, which helps cultivate drive, sustainability, passion, courage, stamina...grit.

### **Resilience: Optimism, Confidence, and Creativity**

Of course, on your long haul to greatness you're going to stumble, and you will need to get back up on the proverbial horse. But what is it that gives you the strength to get up, wipe the dust off, and remount? Futurist and author Andrew Zolli says it's resilience. I'd have to agree with that one.

In Zolli's book, *Resilience, Why Things Bounce Back*, he defines resilience as "the ability of people, communities, and systems to maintain their core purpose and integrity among unforeseen shocks and surprises."

For Zolli, resilience is a dynamic combination of optimism, creativity, and confidence, which together empower one to reappraise situations and regulate emotion – a behavior many social scientists refer to as "hardiness" or "grit." Zolli takes it even further and explains that "hardiness" is comprised of three tenets: " (1) the belief one can find meaningful purpose in life, (2) the belief that one can influence one's surroundings and the outcome of events, and (3) the belief that positive and negative experiences will lead to learning and growth."

Wait, what? Seems that there is a lot going on here, but this is my take on the situation in an elemental equation. Optimism + Confidence + Creativity = Resilience = Hardiness = (+/- )Grit. So, while a key component of grit is resilience, resilience is the powering mechanism that draws your head up, moves you forward, and helps you persevere despite whatever obstacles you face along the way. In other words, gritty people believe, "everything will be alright in the end, and if it is not alright, it is not the end."

### **Excellence vs. Perfection**

In general, gritty people don't seek perfection, but instead strive for excellence. It may seem that these two have only subtle semantic distinctions; but in fact they are quite at odds. Perfection is excellence's somewhat pernicious cousin. It is pedantic, binary, unforgiving and inflexible. Certainly there are times when "perfection" is necessary to establish standards, like in performance athletics such as diving and gymnastics. But in general, perfection is someone else's perception of an ideal, and pursuing it is like chasing a hallucination. Anxiety, low self-esteem, obsessive compulsive disorder, substance abuse, and clinical depression are only a few of the conditions ascribed to "perfectionism." To be clear, those are ominous barriers to success.

Excellence is an attitude, not an endgame. The word excellence is derived from the Greek word *Arête* which is bound with the notion of fulfillment of purpose or function and is closely associated with virtue. It is far more forgiving, allowing and embracing failure and vulnerability on the ongoing quest for improvement. It allows for disappointment, and prioritizes progress over perfection. Like excellence, grit is an attitude about, to paraphrase Tennyson...seeking, striving, finding, and never yielding.

Are there any others you'd add? By definition, passion is critical, but what role do you think it plays? I am sure that Duckworth will continue to explore and share the distinctions in the years to come, but I'd love to hear your thoughts!

### **Attachments:**

August Menu and Lunch Payment Form

Band-Orchestra-Choir-Hand Chimes Form for all new and returning members

Plant Show Entry Forms

### August 2018 Cafeteria Lunch Menu

<b>20</b> Pork Patty Raspberry Spinach Salad Fries Applesauce Milk	<b>21</b> Grilled Cheese Sandwich Tomato Soup Green Beans Gold Fish Crackers Pineapple Milk	<b>22</b> Taco Salad w/Meat, Cheese, Black Beans Doritos Corn Grapes Milk	<b>23</b> Pasta w/Meat Sauce Salad w/Ranch Garlic Cheese Toast Peaches Milk	<b>24</b> Bread Stick w/Cheese Celery w/Peanut Butter GoGurt Pears Milk
<b>27</b> Hot Dog Tater Tots Broccoli Mixed Fruit Milk	<b>28</b> Ham & Turkey Sub Sun Chips Salad w/Ranch Applesauce Milk	<b>29</b> Egg Omelett & Salsa Pancake w/Syrup Hash Browns Oranges Milk	<b>30</b> Chicken Nuggets Fries Baked Beans Pineapple Milk	<b>31</b> Pizza Carrots & Dip Pretzels GoGurt Grapes Milk

Lunch/Milk \$2.75

Milk Only \$0.45

Extra Entrée \$1.50

### ST. CHARLES BORROMEIO CATHOLIC SCHOOL LUNCH ACCOUNTING FORM

Parents can put money into the student's account through your MealpayPlus online account at [www.mealpayplus.com](http://www.mealpayplus.com) or by calling 866-662-3382 for a small fee. Or, you may send a check with the Lunch Accounting Form below to the school cafeteria. For example, if you have 3 children, send a check for \$90 payable to St. Charles Cafeteria and designate \$30 to each child's account. Each child who will eat hot lunch needs to have money in their meal account. It is recommended to have a minimum of \$13.00 in this account which will pay for five meals. If the student may want additional portions of the main entree, then it is recommended to have a minimum of \$6.00 in the general account as well. If you have questions regarding this, you may call the school cafeteria at 969-4028 on school days 8:00-12:30 or the school office at 484-3392.

.....(Cut here).....

Last Name	First Name	Grade-Room	Lunch ID	Payment
General-Payments to the General account may be used for Meals, Extra entrée (\$1.50), and milk (45¢)				
Meal-Payments to the Meal account may only be used to pay for a Meal (regular price \$2.75)				
General-Payments to the General account may be used for Meals, Extra entrée (\$1.50), and milk (45¢)				
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Meal-Payments to the Meal account may only be used to pay for a Meal (regular price \$2.75)				
			<b>Total Payment Enclosed</b>	

**"The USDA and the State of Indiana are equal opportunity providers and employers."**

## BAND CHIMES CHOIR ORCHESTRA

Students are invited to join the St. Charles Band, Chimes, Chorus, and Orchestra programs. Any student with an interest in enrichment opportunities in music is welcome! Participation is a full year commitment. Only with a commitment for the entire year can the student members become a "team", progress, and perform more involved pieces.

There is no additional cost or fee for any of these group lessons. This is included in the tuition. However, students must provide their own instrument(s) and also need to purchase a music book specific to their instrument and level. There are available for rent several band/string instruments from the St. Charles School Fine Arts Boosters. If you need more information on this rental, please contact Kevin Hoersten.

<b>Intermediate Band</b> Monday 11:30-12:00 <i>Grades 5-6</i> Tuesday 11:30-12:00 <i>Miss Bassett</i> Thursday 12:00-12:30 Friday 12:00-12:30	<b>Advanced Band</b> Monday 12:00-12:30 <i>Grades 7-8</i> Tuesday 12:00-12:30 <i>Miss Bassett</i> Wednesday 12:00-12:30 Thursday 11:30-12:00
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Band Books are required. Students will be given more information at their first class. The first day for band to meet will be Monday, August 27. There will be information available in January for grade 4 students joining the Beginning Band second semester.

\*\*\*\*\*

<b>Choir</b> Monday 11:55-12:25 <i>Grades 5-8</i> <i>Mrs. Till</i> Tuesday 11:55-12:25 <i>Grades 5-8</i> Thursday 11:55-12:15 <i>Grades 5-8</i>	<b>Chimes</b> Monday 3:05-4:30 <i>after school</i> <i>Mrs. Till</i> Grades 5-8
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Choir will begin Monday, August 27. Chimes will begin Monday, September 10.

Since choir and band meet at the same time, students should **not** choose both of these activities.

\*\*\*\*\*

<b>Orchestra</b> <i>Miss Basset</i>	Beginning Orchestra Tuesday 10:50-11:20 Year 2 Orchestra Monday 11:00-11:30 Intermediate Orchestra Thursday 11:00-11:30 and Friday 11:00-11:30 Advanced Orchestra Wednesday 11:30-12:00 and Friday 11:30-12:00	usually grades 2-3
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Orchestra classes are for violin, viola, and cello. Year 2 Orchestra begins Mon., Aug. 27, Intermediate Orchestra begins Thurs., Aug. 30, and Advanced Orchestra begins Wed., Aug. 29. Beginning Orchestra begins Tues., Sept. 11.

There is a Beginning Orchestra informational meeting on **Tuesday, August 28 at 6:00 p.m.** in the Hession Center. If your child would like to learn one of the string instruments, please plan on attending this very important meeting. 3<sup>rd</sup> and 4<sup>th</sup> grade beginners are most welcomed. The class size will be limited. Grade 2 students will be accepted as beginners as space allows on the basis of the date the form below is returned to school in advance and attendance at the meeting. Parents and students will have the chance to meet with Miss Bassett, the instructor, as well as a representative from Quinlan & Fabish Music Company. Students should also be present so as to be sized for a rental instrument. Please plan to attend this meeting if there is an interest in Beginning Orchestra. The first day for Beginning Orchestra class is Tuesday, September 11.

\*\*\*\*\* **Please return this bottom form to the school office by Tuesday, August 21, 2018** \*\*\*\*\*

### 2018-2019 Fine Arts Co-Curricular Participation & Commitment FORM

I agree to attend all practices/lessons as indicated at St. Charles School. I will do my best to participate with enthusiasm. I realize that I am making this commitment for the entire year and this requires the participation at two evening concerts scheduled for Thursday, November 29, 2018, and Thursday, May 9, 2019, at 7:00 p.m. There is also a school concert approx. 9:15 am on Friday, May 10, 2019. There will be an ISSMA Adv. Band Competition on March 9, 2019.

Student Name \_\_\_\_\_ Grade \_\_\_\_\_ Room \_\_\_\_\_

**Band**     
  **Choir**     
  **Chimes**     
  **Orchestra**

New member \_\_\_\_\_ Returning member \_\_\_\_\_ Instrument \_\_\_\_\_ Years of Instruction \_\_\_\_\_

The instructor will place the student in the most appropriate level class.

**Wish to join the new class of Beginning Orchestra (violin/viola/cello)** and will attend meeting on August 28 at 6:00 pm.

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Parent e-mail

## Entry Forms

<b>Potted Plant</b> _____ <div style="text-align: center;"><i>Variety</i></div> <input type="checkbox"/> 1st Year <input type="checkbox"/> 2nd Year <input type="checkbox"/> 3rd Year <input type="checkbox"/> 4th+ Year
<b>Cut Flower</b> _____ <div style="text-align: center;"><i>Variety</i></div> <input type="checkbox"/> Single <input type="checkbox"/> 3 Alike (Zinnia only) <input type="checkbox"/> Bouquet <input type="checkbox"/> 3 Different <input type="checkbox"/> 3 Any            (Zinnia only)
<b>Vegetable</b> _____ <div style="text-align: center;"><i>Variety</i></div> <input type="checkbox"/> Single for Size <input type="checkbox"/> Single for Appearance <input type="checkbox"/> Group 3 Same <input type="checkbox"/> Group 3 Different <input type="checkbox"/> Mixed Collection
<b>Herb</b> _____ <div style="text-align: center;"><i>Variety</i></div> <input type="checkbox"/> Single cut stem <input type="checkbox"/> Container <hr style="border-top: 1px dashed black;"/> <div style="text-align: center;">Fold Here</div>
<hr/> Child's Name _____ <hr/>
Teacher _____ Room # _____ Grade _____

<b>Potted Plant</b> _____ <div style="text-align: center;"><i>Variety</i></div> <input type="checkbox"/> 1st Year <input type="checkbox"/> 2nd Year <input type="checkbox"/> 3rd Year <input type="checkbox"/> 4th+ Year
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