



# St. Charles Borromeo Catholic School Newsletter

October 2, 2020

[www.stcharlesschoolfw.org](http://www.stcharlesschoolfw.org)  
schooloffice@stcharlesschoolfw.org  
260-484-3392

**Our Mission: To Teach, Love, Live and Learn as Jesus Did**  
**Our Vision: Share Faith, Serve Others, Seek Knowledge**

During the month of September, we **'pressed on' With Holy Words** and we now move on into October when we **'Press On' To Be Wise**. This may remind us of the Cardinal Virtue of Prudence. Prudence aims to perfect the natural power of judging correctly, or to put it simply, it aims to perfect 'common sense' choices. Prudence guides us in making good moral choices. The Holy Spirit's gifts of *counsel* and *right judgment* are used with this virtue. So, this month, we focus on making good decisions using all the gifts God has given us. Let us **press on to be wise** in the Lord's ways!

*"Watch carefully then how you live, not as foolish persons but as wise, making the most of the opportunity because the days are evil. Therefore, do not continue in ignorance, but try to understand what is the will of the Lord." Ephesians 5:15-17*

- a. **Early dismissal, Wednesday, Oct. 28. Parent-Teacher Conferences. We will dismiss at 1:00 p.m. Lunch served.**
- b. **No school, Thursday, Oct. 29th. Parent-Teacher Conferences. 10:00 a.m. - 7:00 p.m.**
- c. **No school, Friday, Oct. 30th. End of quarter break.**
- d. **No school Thursday, November 5th & Friday, November 6th.** We had scheduled inservice in Indy, but now cancelled and many families have made plans. Enjoy some family time.
- e. **No school Wednesday, Thursday, & Friday, November 25, 26, & 27. Thanksgiving to God Break.**
- f. **No school Saturday, December 19th - Sunday, January 3rd. Christmas Break.** School resumes Monday, Jan. 4, 2021.
- g. **No school Monday, January 18th, Martin Luther King, Jr. Day**

**Dear Parents and Students -** We will continue with our current safety protocols (masking, spacing, etc.) through Thanksgiving. We seem to have a balanced approach working and to be safe, we will continue. If this changes, of course we will let you know. Please read all of the details in this newsletter. Much is going on! Join the HASA 300 Club, sign up for conferences, and more! Thanks - Rob S.

1. **Interested in becoming a member of our St. Charles School Board?** Interested candidates should click this link [SCBS School Board Application 2020-2021](#) to apply. Please complete the application by Monday, October 19th. If we have a number of candidates, and someone is not selected for this year, please know that we save applications and will reach out next year. Please consider sharing your time & talent with us. Thank you.
2. **Nominate a Great Teacher!** Fill out this link for the [Christ the Teacher Award](#) (Formerly the Light of Learning Award) nomination form by Wednesday, Oct. 14 and tell us who you appreciate!
3. **The HASA 300 Club is open for business!** For a donation of \$100 you have 54 chances to win big \$\$ weekly! Read on!
4. **Parent-Teacher Conferences Oct. 28-29!** Sign-ups are coming soon. Read the details below.

**Parent-Teacher Conferences Oct. 28-29.** In-person Parent-Teacher conferences will be held on Wednesday, October 28, 2:00 p.m.- 4:30 p.m. and Thursday, October 29, from 10:00 a.m. - 7:00 p.m. Conferences will be held in 10-minute intervals: 10 minutes for parents and students to meet with the teacher and a 10-minute passing time between conferences for greater social distancing.

**Schedule Your Conference Appointments with SignUp Genius!** Again this year parents of PreK-6 students will have the opportunity to schedule times in which to visit with their child's homeroom teacher using SignUp Genius. We wish to provide a convenient process for our families. Parents, once you have scheduled online, you will be sent a reminder three days before the scheduled conference. Also this year, parents of 7<sup>th</sup> and 8<sup>th</sup> students may sign up to meet with any of the 7th and 8th grade teachers. In this way, a parent may choose to conference with a junior high teacher(s) who teaches a specific subject area to better target academic or behavior concerns pertaining to a particular teacher/subject area.

I always ask that parents understand that conferences should be viewed as a positive, collaborative experience - a time when concerns, helpful strategies, and encouragement can be exchanged; however, due to the large number of parents with whom teachers will meet, conference time is limited. If there is a topic that parents feel will need more time than ten minutes or so, please contact the teacher before or after these conference days, so that all will have appropriate time for lengthier discussion.

Using SignUp Genius, parents will be invited to schedule their conferences according to the number of children here in school, and thus, the number of appointments needed. Parents will be able to schedule their conferences as close in time to each other as needed. Conference appointment scheduling will open online through SignUp Genius on Monday, October 5th for families with 4 or more students at St. Charles. Families with 3 children will have appointment scheduling open on Wednesday, October 7th. Families with 2 children will be able to schedule beginning on Friday, October 9th while families with 1 child at St. Charles will be able to schedule their conference appointment on Monday, October 12th. You will receive a text/email alert through SchoolMessenger the morning of your signup day. **Please note: If health risk and/or quarantine prohibits meeting in person, please work with your child's teacher to arrange a phone or video conference sometime during conference week.** Thank you!

<b>Please Schedule Conferences by Wednesday, October 14th</b>	<b>SignUp Genius Scheduling Window Opens</b>
Families with 4 or more children enrolled in school	Monday, October 5th
Families with 3 children enrolled in school	Wednesday, October 7th
Families with 2 children enrolled in school	Friday, October 9th
Families with 1 child enrolled in school	Monday, October 12th

It is hoped that all families will have scheduled their appointments for parent-teacher conferences by Wednesday, October 14. Parents are scheduling appointments for parent-teacher conferences which will be held on Wednesday, October 28, 2:00pm - 4:30pm and Thursday, October 29 from 10:00am-7:00pm at 10-minute intervals. Parents should contact their child's teacher if they know these times will not work. If assistance is needed to schedule your appointment online using SignUp Genius, please contact the school office.

### Calendar Update

October 7            Feast of Our Lady of the Rosary   Living Rosary [adapted]  
 October 9            1st Quarter ends  
 October 12          First Reconciliation Parent meeting 6:45-7:45 pm, location TBD  
 October 14          First Reconciliation Parent meeting 3:30-4:30 pm, in church  
 October 15          Eucharistic Adoration 8:50 am - 2:15 pm, Benediction 2:15 pm  
 October 16          Report Cards go home  
 October 19          Student Picture make-ups  
 October 28          Dismissal 1:00 pm, Parent-Teacher-Student conferences 2:00-4:30 pm  
 October 29          No School, Parent-Teacher-Student conferences 10:00 am-7:00 pm  
 October 30          No School



**Cafeteria Help Needed** - Our Cafeteria Needs You! In order to serve lunch to each child, we need 4 people per DAY to volunteer in the St Charles Cafeteria. Serving lunch is easy, social, fun and doesn't take much time at all -- Plus a free nutritionally-balanced lunch for yourself. The volunteering shift is only from 10:30 AM to Noon. You can volunteer as much or as little as you would like, and every little bit helps. The schedule is flexible, and you can choose if you volunteer weekly, monthly, or occasionally via Sign Up Genius. We are also in need of substitute volunteers that can fill in on short notice via text message. If you're interested, PLEASE contact Stephanie Keefer at [stephanie.m.keefer@gmail.com](mailto:stephanie.m.keefer@gmail.com). Thank you!

**Students of the Week** - Congratulations to Lauren Galbraith, Stella Gabet, Harper Chenowith, Anthony Panza, Erin O'Rourke, Kate Osenga, Veronica Lian, Bradley Tippmann, Liam Carteaux, Asher Bullerman, Kaylee Birely, Angel Toto-Mixtega, Avery Reed, Jay O'Leary, Georgia Pycz, Joey Gabet, Ethan Chenowith, Gianna Lytle, Allyce Strack, Tyler Keller, Abril Sanchez, Braxton Ostermeyer, Natalie Eisaman, Johnny Henry, Frankie Danys, Eli Ziegel, Gracie Wirt, Thomas Rashevich, Emily Barton.

**Christ Child Society - Coats for Kids Program!** - The Christ Child Society of Fort Wayne *Coats for Kids* program is ready to distribute new coats to school age children in grades preschool through 8th grade who need a winter coat. Due to the Covid 19 pandemic, the distribution of coats for the 2020 year has been changed. Coats will no longer be distributed at the Rudisill site. Instead the Christ Child Society has partnered with the Fraternal Order of Police to deliver the coats to the school. St. Charles will order coats and distribute the coats, hats and gloves needed by the families. There is a limit of 3 coats per family. There will be no exchanges of coats. The last day for orders will be Friday, October 16. Please contact Mrs. Bojrab in the school office if you would like to order winter coats.

## Safe Environment / Boundary Programs Scheduled

The Diocesan required Safe Environment (K-6) and Boundaries (7-8) Programs have been scheduled for this year. As you will remember, a specific script was developed for us to implement. I will be talking to Pre-K-6 classrooms in October this year. A copy of the PowerPoint scripts used in grades 1-5 will be attached to this newsletter for your review. If you are interested in receiving a specific copy of the PowerPoint for the Pre-K, Kindergarten, 6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> grades before the presentation, they can be found in the office. **According to diocesan policy, if you do not want your child to participate, a Parent Refusal form must be signed prior to the presentations. In addition, a Parent Verification Form indicating that the training was completed at home must also be signed and returned to school. These are both available in the office. A training packet and copy of the PowerPoint will be sent home with your student.** If your student is not in class the day of the presentation he or she will receive the materials to be taught at home. You then must return the signed Verification Form. Parents are welcome to come and sit in the back of the room for in class presentations. We will also be presenting the diocesan required Boundary Program to 7<sup>th</sup> and 8<sup>th</sup> graders in October. These will be presented during their religion classes. (Room 7). You will need to let me know if you plan to come. Please give me a call if you have any questions. Thanks! Mrs. Robinson, 969-4036

PreK Mrs. Tippmann Mon, Oct 19, 9:30

PreK Mrs. Hoersten Mon, Oct 19, 9:55

PreK Mrs. Dickerson Mon, Oct 19, 12:15

K51 Thurs, Oct 15, 8:00

K52 Thurs, Oct 15, 8:25

K53 Thurs, Oct 15, 8:50

K54 Thurs, Oct 15, 9:15

1-22 Thurs, Oct 15, 2:05

1-24 Fri, Oct 16, 2:00

1-26 Fri, Oct 16, 12:00

2-23 Tues, Oct 20, 1:20

2-25 Thurs, Oct 22, 1:00

2-27 Tues, Oct 20, 2:00

3-9 Wed, Oct 21, 1:00

3-10 Wed, Oct 21, 2:05

3-11 Wed, Oct 21, 1:35

Life Skills Thurs, Oct 22, 8:00

4-12 Tues, Oct 20, 10:05

4-13 Mon, Oct 19, 1:30

4-14 Fri, Oct 23, 9:30

5-15 Thurs, Oct 22, 8:45

5-16 Wed, Oct 21, 10:00

5-17 Tues, Oct 20, 9:15

6-18 Wed, Oct 21, 9:10-9:40; Wed, Oct 28, 9:10-9:40

6-19 Wed, Oct 21, 8:35-9:05; Wed, Oct 28, 8:35-9:05

6-20 Wed, Oct 21, 8:00-8:30; Wed, Oct 28, 8:00-8:30

7-4 Mon, Oct 12, 9:45-10:30; Tues, Oct 13, 9:45-10:30

7-5 Mon, Oct 12, 8:13-8:58; Tues, Oct 13, 8:13-8:58

7-6 Mon, Oct 12, 12:30-1:15; Tues, Oct 13, 12:30-1:15

8-3 Mon, Oct 12, 8:59-9:44; Tues, Oct 13, 8:59-9:44; Wed, Oct 14, 8:59-9:44

8-7 Mon, Oct 12, 10:31-11:16; Tues, Oct 13, 10:31-11:16; Wed, Oct 13, 10:31-11:16

8-8 Mon, Oct 12, 1:16-2:01; Tues, Oct 13, 1:16-2:01; Wed, Oct 14, 1:16-2:01

## Calling All Prospective Saints! Set up a tour to visit Bishop Dwenger High School! We want to answer any questions!

In these challenging times in which we are unable to gather, we have three creative ways to share more information about our school to those who are considering attending Bishop Dwenger High School. Please go to this link:

<https://form.jotform.com/202655743619057> for more information about tours of the campus, our virtual video tour, and a video chat/call with a current BDHS student. We encourage you to find out what it means to be a Saint!

## BOX TOPS

BOX TOPS FOR EDUCATION FALL CONTEST The Fine Arts Boosters' Box Tops for Education fall contest begins next week. The turn-in dates are on Thursday October 8, 15, 22, and Wednesday, October 28<sup>th</sup>. Please clip Box Tops and send them into the classroom in plastic ziplock bags in quantities of 50. If you do not have 50 Box Tops make sure the quantity is clearly marked, and they will be combined with other turn-ins from the same classroom. Be sure to continue scanning your receipts into the app and recording the classroom number, these will be included in the classroom totals. The classroom with the most box tops turned in will be awarded an ice cream party. Runner up will earn a dress down day. Good luck! These proceeds support the enrichment assemblies for all the students. Thank you for helping to make our Box Top collections so successful!



### **A Gift from the St. Charles Borromeo Home And School Association! Holy Guardian Angel (Feast on October 2)**

Your child is coming home with a little angel charm attached to a clip from HASA. This 2020 year has brought so much uncertainties that we thought everyone could use an extra angel. You can clip these to their backpacks, their jackets, their lanyards with their masks, or put them in a special place at home. We hope they will provide a little comfort to our kids. Here are a few prayers that your family can say together to celebrate the Feast Day of Holy Guardian Angels:

Angel of God, my Guardian dear, to whom His love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide. Amen.

Dear Angel at my side, my good and loyal friend, you have been with me since the moment I was born. You are my own personal guardian, given me by God as my guide and protector, and you will stay with me till I die. He who created you and me gave me to you as your particular charge. You assisted in great joy at my baptism, when I became part of the Mystical Body of Christ, and was made a member of the household of God and an heir of heaven. You saw the dangers that beset my path, and, if I sinned, it was in spite of you. You envied me when Christ came to me in Holy Communion. Even though you probably were there among the angels that adored Him the night that He was born, you have not been able to receive Him as I can. O, help me to appreciate these gifts! Help me to realize, as you do, with every fiber of my being, that to serve Christ is to be a King! Help me steadfastly to avoid evil and do good and always guard my soul from sin. Protect me as well from physical evils as I go about my daily work. You will be with me all my life, and at the hour of my death. Help me to face death bravely, patiently, with great love of God, knowing that it is only through death that I can come to Him in heaven! Then, come with me to my Judge, and when the hour of my salvation comes, take me home to my Father, God. Amen.

### **SCRIP NEWS**



Schedule Note – Holidays and changes in the school schedule sometimes make it necessary for us to change the SCRIP schedule. We try to announce these changes in advance so that you can plan ahead. That's one of the reasons we encourage you to stay up-to-date by reading the "SCRIP news" in the bulletin and school newsletter.

*Weather* can also cause a change in the schedule. Hopefully, we won't have to worry about snow or ice delays for a while yet, but fog can be a problem at this time of year. St. Charles independently decides on delays and cancellations, so watch specifically for "St. Charles" when a change is possible. If school is delayed, SCRIP follows the delay. On Mondays, school orders are still collected, filled and returned to the students at the end of the day. On Fridays, sales in the Hession Center take place from 10 – 11 am and school orders are collected and returned by the end of the day. If school is cancelled, so is SCRIP.

New Merchant – St. Charles SCRIP is happy to welcome *Wayne PC Tech* as a new participating merchant. They are offering a *15% rebate!* Wayne PC Tech is located at 5836 Challenger Way, Suite A (*just off of W. Washington Center Road -near Cracker Barrel*), phone number – *609-8189*. Simply identify yourself as a *St. Charles SCRIP customer*, pay Wayne PC Tech for the services rendered and he will send a rebate check to the SCRIP program on your behalf.

SCRIP TIP – Remember there are many more participating merchants than are listed on our order form. Our form lists most of the merchants that are available in our immediate area and that are ordered on a regular basis. Many national brand merchants are available to us through our supplier – *Great Lakes*. You can check out their complete list of participating merchants at their website – [www.shopwithscrip.com](http://www.shopwithscrip.com). There are quite a few specialty merchants that are listed on the back side of the form as well. Be sure to check it out.



# HASA 300 CLUB 2020-2021 JOIN TODAY!

Annual Raffle License 148798

Hello Friends! The St. Charles HASA (Home And School Association) would like to thank you for all that you have done, and continue to do, in support of our Parish School. We write today to inform you of our 18th annual offer to join the HASA 300 CLUB. This is a fun opportunity for you to personally win money and benefit our parishioners and students.

We still have a few more winners to choose in the 2019-2020 cycle, so please keep checking the bulletin if entered.

This past year, which was our seventeenth 300 club, we entered 158 cards out of a possible 300. We have been saving our proceeds for the purpose of making our school as safe as possible. On November 6th we will be installing new security windows in the school entranceway. Upon completion of the project, visitors will have a welcome access to our entrance, and we will have a secure barrier for our office ladies while visitor credentials are checked. So thank you for your help!

As you can see, the proceeds produce positive results so let us explain how you can join this year's 2020-2021 **HASA 300 CLUB**. (There are only 300 drawings, no more. Thus the name - HASA 300.)

For a suggested donation of \$100.00, an index card with your name will be entered on a first-come-first-served basis. If 300 people make the suggested donation, this could accumulate a total income of \$30,000. [No donation is required to enter.]

- ◇ Each week a name is drawn from the 'hat' for a weekly amount of \$150.00. Times fifty-two: The payout would be \$7,800.00 for the year.
- ◇ Two special drawings are made in the course of the year: One at Easter and one at Christmas. Each of these special drawings pays \$500.00. Times two: The payout would be \$1,000.00.
- ◇ Each winning card stays in the 'hat' for the entire year, so you could win once, twice, etc.
- ◇ Weekly winners will be listed in the parish bulletin beginning the weekend of Sunday, Nov. 1st.

The above payouts of \$8,800.00 are subtracted from the total income - possibly \$30,000 if all donations come in. The remaining profit after payouts will be put towards helping the Parish overall. Proceeds may be used to help with parish tuition assistance, the needs of parish ministries, and other school/parish programs and projects. That's how it works!

So here's what to do: Get out a pen, checkbook, and envelope, and write a check to "**HASA 300 CLUB**" for the number of cards (limit 3) you would want, with a suggested donation of \$100 a card. Then mail your donation to the parish or drop it in the church collection basket marked "**HASA 300 CLUB**". Invite a friend or neighbor to do the same.

The first weekly drawing for 2020-2021 will be Monday, October 26<sup>th</sup>, so don't delay and you won't miss out on even one of the drawings. Remember, you have 54 drawings to win (52 weeks plus the special drawings). Please give it a try. There are no losers as all profits benefit parishioners in large and small ways.

Again, the 2020-2021 HASA 300 CLUB proceeds will be used towards the **purchase and installation of one emergency exit window in each classroom in case of fire**. Thank you, & remember - We are one body in Christ!

Fr. Tom Shoemaker - Pastor      Stacey Strack - HASA President      Robert Sordelet - Principal      (Overleaf)

**Complete, cut, and return this bottom portion of the page. Drop in the Sunday Collection, drop off at the Rectory, or Mail to St. Charles School. The first drawing is Monday, October 26th so don't delay! Suggested Donation is \$100 per card entered.**

**▶▶ I Wish to Enter & Donate! Name & Address**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Make all donated checks payable to: HASA 300 CLUB**

**Please enter my name. I do not wish to donate at this time.**

**▶▶ Name & Address**

\_\_\_\_\_  
\_\_\_\_\_

**Annual Raffle License 148798**

**October 2020 Cafeteria Lunch Menu**

<b>5</b> Corn Dog Raspberry Spinach Salad Tater Tots Peaches Milk	<b>6</b> Peanut Butter & Jelly Sandwich Salad w/tomatoes w/ranch dressing Sun Chips Cheese Stick Raisins Milk	<b>7</b> Chicken Taco w/Lettuce, Cheese Corn Refried Beans Grapes Milk	<b>8</b> Cheeseburger w/Lettuce, Tomato, Pickle Fries Pears Milk	<b>9</b> Cheese Pizza Veggies & Dip Pretzels Go-Gurt Mixed Fruit Milk
<b>12</b> Chicken Patty Steamed Carrots Tater Tots Pineapple Milk	<b>13</b> Fish Sticks Mac & Cheese Peas Apricots Milk	<b>14</b> Pasta w/Meat Sauce Salad w/ranch dressing Garlic Cheese Bread Applesauce Milk	<b>15</b> Chicken Caesar Salad Broccoli Soft Pretzel w/cheese sauce Grapes Milk	<b>16</b> Cheese Omelette w/Salsa Hash Browns Pancake w/Syrup Dragon Juice Oranges Milk

**Lunch Prices 2020-2021**

Milk Only \$0.45

Extra Entrée \$1.50

**ST. CHARLES BORROMEIO CATHOLIC SCHOOL LUNCH ACCOUNTING FORM**

Parents can put money into the student's account through your MyPaymentPlus (formerly MyMealsPlus) online account at [www.mypaymentplus.com](http://www.mypaymentplus.com) or by calling 1-877-237-0946 for a small fee. Or, you may send a check with the Lunch Accounting Form below to the school cafeteria. For example, if you have 3 children, send a check for \$90 payable to St. Charles Cafeteria and designate \$30 to each child's account. Each child who will eat hot lunch needs to have money in their meal account. It is recommended to have a minimum of \$14.00 in this account which will pay for five meals. If the student may want additional portions of the main entree, then it is recommended to have a minimum of \$6.00 in the account as well. if you have questions regarding this, you may call the school cafeteria at 969-4028 on school days 8:00-12:30 or the school office at 484-3392.

.....(Cut here).....

Last Name	First Name	Grade-Room	Lunch ID	Payment
Payments are used to pay for a Meal (regular price \$2.90), Extra Entree (\$1.50), and Milk (\$0.45)				
Last Name	First Name	Grade-Room	Lunch ID	Payment
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			<b>Total Payment Enclosed</b>	

**"The USDA and the State of Indiana are equal opportunity providers and employers."**

# Grades 1, 2, 3



Grades 1, 2, 3

## Staying Safe

Lesson Purpose: To review ways students can stay safe.



- What happens to your body when you feel scared or in danger? Most of us will feel scared in one of these areas of our body:
  - Stomach; get tight or queasy
  - Shoulders and back; get tight
  - Head; our voice tells us "something is not right, I feel scared"
  - Heart; beats fast



- These body signals are called our "warning signs".
- These signs will warn us there may be danger but you may not know exactly why or how you are unsafe.
- Always listen to your "warning signs".
- They are a gift from God.

Can you think of times when your warning signs have gone off?

- Around strangers
- In a public park
- At the mall
- In a public bathroom
- Riding your bike



We do lots of things to keep you safe at school:

- Visitor passes
- Locked doors
- Adults being with you all the time (Adults protect children by watching them. That's why it is important to stay where adults can see you and to let them know where you are going.)



Respecting each others' body and personal space:

- What are ways we show respect for each others' bodies?
- That's right! No hitting, pushing, shoving—even if someone does this to you!



- It is against the law of God and against the law in the state of Indiana for adults to touch the private parts of kids.

There are also "lures" that people use to trick kids into thinking something is okay when it is not.

- These are tricks that people use on kids.
  - What should you do if someone in a car asks you to come closer so they can show you something or give you something?
  - That's right! Run like the wind in the opposite direction! Tell an adult right away.
  - Adults should ask other adults for help. They should not ask kids.
- Can you think of other "lures" or tricks that may be used on children?

### Good secrets/Bad secrets

- If anyone touches you or hurts you in some way—and tells you not to tell anyone, what should you do?
- That's right, TELL ANYWAY!!
- That's a bad secret.
- What is a good secret?
- A surprise party, what you are getting for someone's birthday...

- So, if anyone ever touched your private parts and told you not to tell, what should you do??
- TELL AN ADULT RIGHT AWAY!
- No matter who they are, tell.
- We talk about strangers a lot when we talk about adults or older kids hurting your body. But, you need to know that it could be someone you know or even love.

- Most adults are safe people.
- There are many adults you can count on to help you stop someone who is not respecting your body or your personal space.
- What adults do you think you could talk to about this?

- Remember to always listen to your warning signs.
- Do not be afraid to resist people who are not respecting your body. Tell them to stop! Get away from them and then.
- Ask an adult to help!
- Remember that it is NEVER your fault if someone hurts or touches you in inappropriate ways, like where my swimsuit covers.



## Grades 4 + 5



4-5

### Staying Safe

Lesson Purpose: To review ways students can stay safe.



- What happens to your body when you feel scared or in danger? Most of us will feel scared in one of these areas of our body:
  - Stomach: get tight or queasy
  - Shoulders and back: get tight
  - Head: our voice tells us "something is not right, I feel scared"
  - Heart: beats fast



- These body signals are called our "warning signs".
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Can you think of times when your warning signs have gone off?

- Around strangers
- In a public park
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We do lots of things to keep you safe at school:

- Visitor passes
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- Adults being with you all the time (Adults protect children by watching them. That's why it is important to stay where adults can see you and to let them know where you are going.)



Respecting each others' body and personal space:

- What are ways we show respect for each others' bodies?
- That's right! No hitting, pushing, shoving—even if someone does this to you!



- Is there any time when it is okay to push someone or even hit them?
- Only if it is the only way to protect yourself.
- Can anyone give me an example of a time when it would be okay?
- Is there anytime at recess when it would be okay to strike back?
- NO, there is plenty of space and adults to go to!

### Bottom line:

- God wants us to live by the Golden Rule.
- Treat each other the way we want to be treated—in a kind and gentle way—with respect.
- We should treat others as God wants us to treat them and use only safe touches.

- We have fire drills every month, but we have never had a fire at this school where people got hurt.
- It just feels safe to know what to do in case a fire ever happens.
- That is why we are talking about safe touch today.
- We want to be prepared!!

### What kind of touch is okay?

- There are lots of "Good Touches", aren't there?
- Hugging, shaking hands, patting shoulders, snuggling on the couch with a parent.
- You should treat others as God wants you to treat them and use only safe touches.
- Some people don't like to be touched and you always have the right to tell someone if they are too close to you.

### Personal Space or Boundaries:

- The space around your body
- We must always be respectful of our own personal space and the personal space of others.
- We all have different ideas what is too close. Most of us agree that an arms length away is about what most people want in space between each other as we are talking.

### You are old enough to know what I mean when I say "private parts":

- It is the part of our body that is covered by our bathing suits.
- They are called "private" because no one should see or touch your private parts.
- Is there anyone who can touch your private parts?

- It is against the law of God and against the law in the state of Indiana for adults to touch the private parts of kids.

There are "lures" that people use to trick kids into thinking something is okay when it is not.

- These are tricks that people use on kids.
  - What should you do if someone in a car asks you to come closer so they can show you something or give you something?
  - That's right! Run like the wind in the opposite direction! Tell an adult right away.
  - Adults should ask other adults for help. They should not ask kids.
- Can you think of other "lures" that may be used on children?

### Good secrets/bad secrets

- If anyone touches you or hurts you in some way—and tells you not to tell anyone, what should you do?
- That's right, TELL ANYWAY!!
- That's a bad secret.
- What is a good secret?
- A surprise party, what you are getting for someone's birthday...

- So, if anyone ever touched your private parts and told you not to tell, what should you do??
- TELL AN ADULT RIGHT AWAY!
- No matter who they are, tell.
- We talk about strangers a lot when we talk about adults or older kids hurting your body. But, you need to know that it could be someone you know or even love.

- Most adults are safe people.
- There are many adults you can count on to help you stop someone who is not respecting your body or your personal space.
- What adults do you think you could talk to about this?

- Remember to always listen to your inner siren.
- Do not be afraid to resist people who are not respecting your body. Tell them to stop! Get away from them and then,
- Ask an adult to help!
- Remember that it is NEVER your fault if someone hurts or touches you in inappropriate ways, like where my swimsuit covers.

- Is there any time when it is okay to push someone or even hit them?
- Only if it is the only way to protect yourself.
- Can anyone give me an example of a time when it would be okay?
- Is there anytime at recess when it would be okay to strike back?
- NO, there is plenty of space and adults to go to!

### Bottom line:

- God wants us to live by the Golden Rule.
- Treat each other the way we want to be treated—in a kind and gentle way—with respect.
- We should treat others as God wants us to treat each other and use only safe touches.

- We have fire drills every month, but we have never had a fire at this school where people got hurt.
- It just feels safe to know what to do in case a fire ever happens.
- That is why we are talking about safe touch today.
- We want to be prepared!

### What kind of touch is okay?

- There are lots of "Good Touches", aren't there?
- Hugging, shaking hands, patting shoulders, snuggling on the couch with a parent.
- Some people don't like to be touched and you always have the right to tell someone if they are too close to you.

### Personal Space or Boundaries:

- The space around your body
- We must always be respectful of our own personal space and the personal space of others.
- We all have different ideas what is too close. Most of us agree that an arms length away is about what most people want in space between each other as we are talking.

### You are old enough to know what I mean when I say "private parts":

- It is the part of our body that is covered by our bathing suits.
- They are called "private" because no one should see or touch your private parts.
- Is there anyone who can touch your private parts?